

Greetings from



GHANA HOMEOPATHY PROJECT



~AUTUMN 2023 EDITION~



**LINDA, GASIKA, RICHARD
& EMPEROR
WITH CERTIFICATE**

“While the rest of the world has been improving technology, Ghana has been improving the quality of man's humanity to man”

Maya Angelou



GHANA HOMEOPATHY PROJECT 10 YEARS ON

by Linda Shannon

GHP Founder

Returning to Ghana after a gap of 10 years was a heart-warming experience. My role has evolved over time, and recently I've been UK based as joint Chair of Trustees. I first travelled to Ghana in 2005, equipped with some homeopathic first-aid kits, plans to teach an introductory course, and the vision to play a part in sharing some of my passion for homeopathy with the people I met there. Having had the privilege of working for many years with some of India's great classical homeopaths and seeing the impressive results in homeopathic treatment at village level in India, I knew homeopathy could potentially be of great benefit in Ghana where many of the health issues and living conditions are similar. Many were keen to learn how to use a home prescribing kit, but it was Emperor Tsamenyi, the director of a primary care centre in the Volta region of Ghana, who felt called to train and become a professional homeopath. This interest led to the founding of the Ghana Homeopathy Project. Over the years we have worked together with Ghanaian homeopaths and students to train more than 30 people to a professional level. Many volunteers, from the UK, USA, Australia and Europe have travelled to Ghana to teach and mentor in clinics. There are too many to name but their contribution has been invaluable.

We have worked together with Ghanaian homeopaths: Grace Rhoomes, Julius Berdie and Bonsu Boaten, so we have a strong foundation of trained homeopaths in our team there. There are presently five partnered clinics in Ghana, which are well-stocked with books and remedies. The focus currently, has been helping the graduates establish their practice.

The development of the project from initial vision to its present form has not been without its many challenges. With each obstacle we have looked at how to best solve it. At one point, this involved a wide ranging external evaluation to set us back on course. What we have now, is a strong team of committed homeopaths and graduates, both in the UK, and in Ghana. It has been a great privilege to play a part in the evolving journey of the Ghana Homeopathy Project and I'd like to offer my deep gratitude to all who have given their time and energy.

Find further details of our beginnings at:
www.ghanahomeopathyproject.org/history



GHANA HOMEOPATHY PROJECT



GHANA HOMEOPATHY PROJECT

MY FIRST TRIP TO GHANA

By Caroline Jurdon-

GHP General Co-ordinator

It was my first time in Ghana and I found it fascinating and amazing and sometimes overwhelming. As the new project coordinator, I fortunately went with a very experienced UK homeopathic crew: Linda Shannon, the project's founder who first came to Ghana in 2005 with the vision of establishing homeopathy there, and two previous project coordinators Jacqueline Smith and Richard Pitt.

The Ghana Homeopathy Project was celebrating the graduation of twenty-two homeopaths who have completed our most recent four year training course. We held a 2-day seminar towards the end of our stay. Their course has recently been recognised by the Ghanaian government under the Traditional Medicine Practitioner's Council (TMPC) as well as the UK Society of Homeopaths. It is an extraordinary achievement to have such a large a group of new practitioners and share their enthusiasm for homeopathy; many of them experiencing very challenging cases with severe pathology, which we rarely have access to in the West.

We travelled, visiting homeopathic clinics in the Volta region, near the border with Togo, including Hope Homeopathy Clinic. It was built by the Ghana Homeopathy Project and is run by a Ghanaian team, and is often the first port of call for those with few resources. We saw many patients and amongst other pathologies, many cases of malaria. We also travelled to Kumasi, the second largest city in Ghana where a homeopathic clinic is just beginning, and shared the challenges of starting a new venture.

Some of the new graduates are working from home, others are running outreach clinics in remote communities practicing homeopathy under a tree. They are certainly part of an exciting, new and growing homeopathic community in Ghana.

We also were able, together with our Ghanaian friends, to honour the memory of Angie Metzger who sadly died earlier this year. She worked tirelessly for the Ghana Project over many years as coordinator and trustee and had a big part in making this project the success it has become.



CAROLINE, SELASSI & EMPEROR IN CLINIC

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HiA TRUSTEES!**

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OF THE GHANA
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GHANA HOMEOPATHY PROJECT



AWARDS NIGHT FOR GRADUATES IN GHANA SEPTEMBER 24TH 2023

By Isaac Gasika
Ghana Liaison Officer

During the recent visit of founder, co-ordinators, trustees etc., from Homeopathy in Africa (GHP), a seminar was held in Kasoa, Accra for all the graduates, both new and old. Among the visiting team were Linda Shannon, Caroline Jurdon, Jacqueline Smith and Richard Pitt,

The evening of the first day, which was the 24th of September 2023, there was an awards ceremony. This ceremony was designed to present the graduates with various certificates. In all, 22 graduates received certificates. The certificates presented were:

- (i) 22 Licentiate certificates after the completion of the practitioner course.
- (ii) 16 CPD certificates; organized from October 2022 to June, 2023.
- (iii) 14 TMPC practitioner registration certificates.
- (iv) 1 TMPC premises registration license.

The event was blended with music and dancing, which added joy to the entire program. The graduates were so happy and very grateful to HIA because of the certificates they had obtained, especially the practitioner certificates from the Ministry of Health in Ghana through the Traditional Medicine Practice Council (TMPC).

During the celebration, speeches were given by each of the visiting team members and Hope Homeopathy Clinic Director, Emperor. The graduates were then called one by one to receive their certificates.



**GASIKA WITH RICHARD
& RITA**

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GHANA HOMEOPATHY PROJECT



INSIDE HOPE HOMEOPATHY CLINIC Mafi Kumase, Ghana

By Patrick Tsamenyi (Selassi)

It is a GHP founded clinic situated in the Volta region of Ghana and boasts a clinic building, library, consulting rooms and pharmacies. One of the pharmacies houses all the remedies for GHP alumni now practicing in Ghana. At the clinic, we see lots of patients from across the country and sometimes from our neighbouring countries like Togo and Ivory Coast. Our charges are very moderate and sometimes free for the vulnerable. We treat both acute and chronic cases.

CHALLENGES

Over the years, we were faced with an inadequate supply of remedies but this year, GHP has been able to supply a big enough stock of remedies for the whole country, all in the central store at Mafi Kumase at Hope Homeopathy Clinic. Another major challenge is lack of education for the people about homeopathy & remedies and we have to create time to educate them whenever they come to the clinic to seek medical care! Another challenge is that most of our patients visit the clinic at odd hours without prior information, especially accident victims!

ONE OF OUR SUCCESSFUL CASES

A case of a one & a half year old baby girl from Kumasi in the Ashanti region, was brought to our clinic in January 2022 with difficulty walking. Pregnancy was okay but delivery was by caesarean and baby couldn't cry after delivery. Her fontanelle was also not closed when she was brought to the clinic, dentition was poor but appetite was okay for breast milk but had a problem latching on to the mother's nipple during breast feeding. She was given *Calc. Carb 30c powder* repeated dose and after three months she was able to stand up without the mother's support! We waited and watched and after another two months, she started walking!*



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GHANA HOMEOPATHY PROJECT



LOOKING TO THE FUTURE OF GHP

By Richard Pitt - Education Officer

While recently in Ghana, we also started a new Ghanaian charity to support the work of the UK based charity, Homeopathy in Africa. The new charity is called Homeopathy Education and Practitioners Association (HEPA) and we are now in the process of setting up our professional, student and general membership of this new organisation. We are also planning to offer an advanced training in Pathology and Disease, a booster catch-up programme for some students who didn't complete the full training before, as well as on-going CPD programmes.

We are also planning to look at developing a one year post-graduate training programme for medically trained personnel, so that homeopathy can be made available within the Ghanaian healthcare system. We are hoping to use this same educational model in other African countries as well.

Therefore, the community of homeopaths in Ghana is growing and there is a need for our charity in the UK and now in Ghana to help evolve the professional development of Ghanaian homeopathy even further. Fifteen years of work has definitely paid its dividends and now we are in a new phase of the project.

My role is now changing since I have resigned as General Coordinator to take on a new role as Education Officer for the project. Caroline Jurdon has now taken over the coordinator position and will continue the work, alongside the HIA Board of Trustees.

We will be looking for a few experienced volunteers to join us next year, who will be willing to travel to Ghana for up to two months and work in our various clinical areas. This is an opportunity for people who have at least five years of experience and who want to travel to an African country. *For info see the box on right*



**RICHARD WITH CAROLINE
& ERNESTINA**

**CALL OUT FOR GHP
VOLUNTEERS!**

WE NEED YOU!

**IF YOU ARE AN
EXPERIENCED
HOMEOPATH-TO
VOLUNTEER IN
AFRICA**

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BEING A VOLUNTEER ON
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HOMEOPATHY IN AFRICA



GHP/HIA & THE HOPE CLINIC TEAMS

“Only freedom from prejudice and tireless zeal, avail for the most holy of the endeavours of mankind; the practice of the true art of healing.”

Samuel Hahnemann



GRATITUDE & FUNDRAISING CHALLENGES

We are always looking for continued support as we plan our programme for 2024-25. We have been fortunate to receive ongoing support from Charles Wansborough, a long-term supporter of the project. We have also appreciated the support of The Tanner Trust over the years. Additionally, we are working with The Welsh School of Homeopathy as well as The Society of Homeopaths and this gives us an excellent foundation to work with as we consider future educational goals in Ghana and other African countries under the auspices of our charity, Homeopathy in Africa.

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Account "Homeopathy in Africa" R/C 112598

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THANK YOU FROM ALL OF US!



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