



# **GHANA HOMEOPATHY**

## **Special PISHAM Edition**

**Supported by the Contemporary College of Homoeopathy UK**

### **Summer Newsletter**

**Issue 11**

**2016**

*'Onipa Apomuden Ye Ne Nkwa'*  
*~A person's health is his life~*

#### **Premier International School of Homeopathy & Alternative Medicine On the move (again!)**

For the third time in just over three years PISHAM has relocated to new premises. In the spirit of its tubercular nature and still yearning for a new space, a new adventure and new surroundings; the yearning, the longing for that ideal school environment that would provide a more settled base, kept tugging away at PISHAM heartstrings.

Over the years, with much uncertainty about a suitable location, it's taken sheer guts and determination to keep the School and community work going without too much disruption. We carried on teaching students and offering consultations in two rooms, while still living out of boxes. This may not sound too bad to some, but when you want to complete formal educational processes, set up practically, expand and develop, two rooms and moving around constantly is less than ideal. PISHAM has good enough vitality to adapt to changing circumstances, but come on now? Enough!

In September 2015, the removal van left Iron City, Kasoa and stopped at Salaa Close, North Kaneshie. We have now moved into a soft and therapeutic environment with enough space to house the contents of our boxes and provide our school with enough rooms for teaching, a clinic, library, bookshop and more. Space for people too!



**Entrance to PISHAM at North Kaneshie**

#### **PISHAM Facilities**



True to form and not wanting to delay the start of the academic year too much, we quickly cleared and prepared a few rooms so that by October we opened our doors to new and existing students!

It's now June 2016 and we are coming to the end of another academic year feeling more grounded. Boxes have been unpacked, books are on shelves; clinic and pharmacy are now operational with case notes in filing cabinets and kettle and cups in their proper place.

There's still much to do practically and formally, but being able to stretch our arms and legs and know where things are placed, means we can continue to focus on our future and become more settled in our approach to organising the year rather than the 'fire-fighting' strategy of the past!

## NEW STUDENTS

Year One: started with five new students or HiTs (otherwise known as: Homeopaths in Training) including: Cynthia, Elizabeth, Cecilia, Bill and Edem, who all joined us in October 2015.

## EXISTING STUDENTS

Year Two: includes Chris and Precious who moved to Ghana from Nigeria to study with us. They have done really well to settle into Accra, completing Year one with good results, both in formal assignments and clinical work. They are now continuing with us in Year Two and about to complete the Foundation training.

## Student on deferral

Our student Ken, who deferred last year due to family responsibilities, has worked really hard to complete his Yr2 coursework and exams. Well done Ken!

## COMPLETING DIPLOMA Coursework

Year Four: An exciting time as we hope to have two students, Phillip and Noble, achieving their Diploma early next year. They will complete their final pieces of coursework to be passed to **The Contemporary College of Homoeopathy (CCH) UK** for assessment.

**CCH are the awarding body for the Diploma.** We are all excited that we are soon to have our very first Diploma graduates. **We are looking forward to not only celebrating the awarding of the Diplomas, but also the success of our joint partnership with CCH(UK).**

## Exams

As we approach the end of the academic year; EXAM FEVER! is underway. Remedy, revise, study and breathe easy! You have all worked really hard HiTs and we wish you every success.

## Love in is in the air!

We all love a love story. This year two of our female students have been married to the men of their dreams! Ahhhhh! Congratulations to Anoeshka and Jaen; Cynthia and Henry. We wish them lasting and happy relationships.

## The An Award 2016



Anoeshka receiving her certificate in India with Drs Kalyan and Dilip Battacharyea

## Winning Students

Anoeshka Bekker, our other second year student from the UK who works a childminder in Ghana, joined our course in the same year as Chris and Precious and was the latest PISHAM student successful in her application to **The An Award**, when she organised a homeopathy awareness workshop; her target group being local parents. She also took a consultation with a client from a Muslim community in central Accra, all resulting in her trip to India in February this year to participate in a two week course run by homeopathic Doctors Kalyan and Kalishankar Battacharyea.

So far, four PISHAM students have worked really hard and been fortunate enough to deservedly win this opportunity.

Many thanks to Dr. An Debsyer for providing our students with such an invaluable opportunity during their training. A great initiative which we hope can continue.

## COMMUNITY WORK

### Flood & Fire Disaster Support

On June 3rd last year, there was a flood/fire disaster that devastated the Kwame Nkrumah Circle area in the centre of Accra. Rainfall during rainy season was much heavier than usual, plus a fire at a local petrol station led to loss of many lives, property and livelihoods in the area. Grace, the course leader, quickly got involved in supporting one of the communities by setting up an on-site outreach clinic, where she worked for six weeks. Grace provided homeopathic treatment for deep trauma, shock, separation and loss, to many individuals and their families. We hope never to have this experience in Ghana again.



Fire/Flood Disaster Area at Circle in Accra





**Grace in the Clinic she set up at Circle**

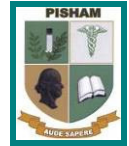
### More Community Initiatives

In March this year, in a new initiative, PISHAM began offering homeopathic treatment to children and young adults with 'complex needs' in a joint working partnership with a youth training establishment along the coastal belt in Cape Coast. The partnership is fully established now and has already created significant improvements in the health of the young people. Histories of the young people include: abuse, neglect and pathologies that threaten life span including physical complaints where children have absorbed toxic substances from the environment.

These community initiatives provide students with invaluable practical training throughout the course and expose them to a diverse range of histories & pathologies; encouraging thought about the potential to set up practice in range of ways. Not just in buildings and consultations. PISHAM has a long history of setting up outreach clinics in areas where there is no or limited access to healthcare facilities. Students are actively involved in these clinics, participating in various roles according to their stage in the course i.e. registering clients and taking vital signs, observing or taking consultations or operating the mobile pharmacy.

Our most recent long standing outdoor clinic was in Ofaakor, Odupong, Kasoa. As a result of our work and the gap in health facilities in the area: **The Chief of that community donated nearly 12 acres of land to PISHAM to build Dr. Berdie's vision** for a permanent school/campus/health facility in the future. Fantastic! However, it will take a significant amount of funding to develop this project: costs for formal registration, customary gifts, architects; as well as getting the basic build up and running. While working towards developing the site and Dr. Berdie's vision, we'll be planting seeds and developing a farm where we can raise income from the sale of the produce to get us started.

**But we need your support!**



### Kasapa - Student Talk!



**Cynthia Larteley Young Yr.1**

I enjoy lectures and the cordial relationship between the students and teachers. I would like the teaching days to increase due to the amount of work to get through the syllabus and the practicals.



**William (Bill) Tackie Yr.1**

I am a mature student with a lot of life experience that helps me to understand the teaching at PISHAM very fast. Many years ago I learned a lot from working with a renowned Ghanaian homeopath in his practice. I like the way the school is teaching me, far better than the online study I also did! I hope I can master the course in 4 years time and be a great homeopath.



**Edem Kumatse Yr.1**

I joined PISHAM because I have a passion for helping people to achieve good health. I have entrusted my hopes in it that with PISHAM I can achieve my dream and seen PISHAM to be a very determined school, with lecturers who always get students up and going with academic activities. We are always eager and ready to learn something new and I know I have a great future with PISHAM. Thank you.



**Precious Anyanyebechi Yr.2**

My school PISHAM is my pride because it has taught me how to understand both diseases and the individual. Not only have I understood homeopathy, but also the characteristics of different individuals. My dream is to become a great homeopath, which is imminent since I'm on the right path. I wish that people understand homeopathy as I do, especially those who have chosen to be a doctor.



**Kenneth Tettey Bedu Yr.2**

PISHAM is a very serious school with the lecturers helping students to achieve their purpose of attending. The lecturers are hard-working to keep the institution solid in spite of the school's ups and downs with relocation problems yet still maintain a higher & greater standard. Come on board to help move the college forward!



**Christopher Aniebonam Yr.2**

The school has offered me a lot in terms of understanding homeopathy in detail. It's very professional. My dream is to clear the doubt over homeopathy so people know that there is much more to achieve with homeopathy. My hope is to inculcate in people that homeopathy is the embodiment of world medicine when it comes to understanding the principles and definition of medicine. I am committed to becoming an advocate for the profession.



**Anoeshka Bekker Yr.2**

There are so many positive things to say about PISHAM, however, the aspects I cherish most are the wonderful friendships that I have made; the incredibly diverse, fascinating and all encompassing learning and the deeper understanding into African culture. Not only do the teachers at PISHAM teach you about homeopathy, they also include science, spirituality, compassion and intuition. This makes for an all round fantastically enriching environment to learn and grow.



**Lionel Noble Kpogo Yr.4**

For the past four years I have received a comprehensive training in both theory and practice as a homeopathic student. I am very confident that I will be a good homeopathic practitioner after I have graduated and will have lots of success in my practice. To all the seasoned homeopaths across the globe who have impacted so much on my training, I sincerely love you all for the support and encouragement. Stay blessed. I feel very happy and challenged to do more so that people can enrol proudly as homeopathic students, just like medical students applying to the universities in Ghana.



**Phillip Kpogo Yr.4**

My four year training in homeopathy at PISHAM has added a lot to my previous knowledge in homeopathy. I trained with the Netherlands group 'Homeopaths Without Borders' many years ago, and have over 30yrs in practice. The additional four years training from PISHAM has encouraged me to expand my practice. Thanks to all the foreign lecturers and PISHAM school management for the opportunity and support. Long live homeopaths! Long live homeopathy!



**Dr. Julius Berdie Grace Rhoomes**

### **Ti Koro Nnk ɔ Ayging!** Two heads are better than one!

Oh, what a year and what a journey!  
Dr. Berdie (Principal) and me, Grace Rhoomes (Course Leader), are two heads with specific roles and responsibilities that are interdependent. We have been working together for nine years now. In the first two years I commuted back and forth from UK to Ghana before settling here for the last seven years. In that time we have transformed provision at the school from only short courses to a fully established 4 Year Diploma course.

We've been involved in a move, a shuffle and a resettle or two with PISHAM; alongside our supporters and a disgruntled few! At each destination we have delighted in teaching new students and treating clients.

Dr Berdie and I will keep on doing just that. I am as much in wonder at it all, nine years on, as I was when I first arrived here. So much so that I've written a poem:

*If I could wander and roam in the reds, greens  
and golds of this land,  
I would wander and wonder and breathe.  
If I could heal and teach and restore faith in love,  
I would heal and teach and help to heal.  
If I could be anywhere else but Ghana right now  
I'd be right here in Ghana just now;  
And I am.*

*I still wander and roam in the red, gold, green  
(and black!)  
And wonder at the healing and teaching and love,  
And the hard and soft of the scent of the journey,  
And the beat and power and rhythm of the dance.  
I have faith I'm fulfilling my destiny's call,  
And in doing all this I'm having a ball.*

*My life is a work of art, a beautiful  
contemporary dance!*

Grace Rhoomes

**Further Details of courses, to make donations, become a volunteer or information about the items presented here can be found by emailing: [info@pisham.com](mailto:info@pisham.com) Please also have a look at our website at: [www.pisham.com](http://www.pisham.com)**

## GHP Round-up

Well, summer is here in the UK and in Ghana it's one of the two rainy seasons in the year; though the UK is known for its rainy summers too!

At the last GHP Trustees meeting, we said a sad farewell while feeling immense gratitude for all the work of our previous Chair of two years standing, **Veda Alberti**.

We also welcomed not one, but **FIVE** new trustees!

Their time and expert skills will, no doubt, contribute towards a bright future here at GHP.

### HIGHLIGHTS!

- ✚ The **MHR Evaluation** is complete and soon to move towards publication. Some aspects will also be explored during the GHP Workshop at the Society of Homeopaths Conference in September.
- ✚ Another **New First Aid/Acute Course** has begun at **KHSG** in Kumasi while the Diploma continues.
- ✚ Mafi Seva Clinic becomes the **Hope Homeopathic Clinic & Research Centre** in Mafi Kumase on completion of the building; also due later in the year and who will feature in our Autumn Issue of the Newsletter!
- ✚ The Head Traders **Bike Depot at Mafi Kumase** is up & running!

## \*FUNDRAISING APPEAL FOR GHP\*

As GHP expands, so also do our costs. Each area supported by us needs cash input to flourish and grow. We appeal to you all to help us keep increasing the number of **CLINICS** established & built; the number of **PATIENTS** treated and the number of **STUDENTS** supported to train as certified homeopaths.

You can do this in several ways:

1. Complete & Send the attached **DONATIONS/STANDING ORDER FORM** straight away to help with ongoing running costs.
2. **VOLUNTEER** your time and skills at all or any one of our Centres in Ghana with an individualised programme by contacting GHP Co-ordinator Jacqueline Smith at: [info@ghanahomeopathy.org](mailto:info@ghanahomeopathy.org)

**Email this Newsletter far & wide!**

**Join our Facebook Group at:**

**GhanaHomeopathyProject**

**Follow us on Twitter at: Ghanahomeopathy**

**For details: [www.ghanahomeopathy.org](http://www.ghanahomeopathy.org)**

## The Trustees of Homeopathy in Africa

**Peter Jadinge: Chair (Temp.)**

**Soroush Ebrahimi: Treasurer**

**Theresa Partington: Editing & Admin**

**Gillian Chang: MHR Advisor**

**Bonsu Boaten: Fundraising**

**Olga Lawrence-Jones: Finance Support**

**Mary Ellis**

**Liz Angell**

## Our thanks to ...

**CCH(UK) Students;** Ainsworths Homeopathic Pharmacy; Society of Homeopaths; Dr An Debyser; Barbara MacIntosh; Dr Julie Smith (MHR Mentor); Dada Daneshananda(AMURT Ghana); Darsh Shah (Adler Shine Accountants); Drs Kalyan, Dilip & Kalishankar Bhattacharyea (Kolkata); Erroll Bowyer; Sabine Grocholski; Helios Homeopathic Pharmacy; Homeopathy Action Trust; Ingrid Daniels (Volunteer and Mentor); Jemima Kallas; Roger Barr; Ralf Jeutter, (Volunteer); Pat McCrae; Colette Rix; Jill Ryan; Homeopathy Research Institute; Sheilagh Creasy; Susan Millican; Veronica Rago; Liz Sawyer; Francis Treuherz; Caroline Negrell-Russel; Hans Willem Steensma; Yolande Diver; Angie Metzger(An Award student support in India);The Tanner Trust....

**...and the many other supporters who have given funding, books, remedies and supplies.**

## Our special thanks to:

**Mike Bridger: of the Contemporary College of Homoeopathy(UK)** for his commitment to mentor and support the Project.

To **Charles Wansbrough** for his continued generous support.





## DONATIONS TO GHANA HOMEOPATHY PROJECT

**Homeopathy in Africa - UK Registered Charity No. 1125981**

Send all cheques and Standing Order/Gift Aid forms to:

Ghana Homeopathy Project, c/o Linda Shannon, 45 Straits,

PORTLAND, Dorset DT5 1HG

Cheques to be made payable to: **Homeopathy in Africa**

### Standing Order Form

To the Manager of: (Full address of bank or building society) \_\_\_\_\_

Please pay to: CO-OPERATIVE BANK PLC

P.O. Box 250, Skelmersdale, Lancs. WN8 6WT

to account: Homeopathy in Africa – Ghana Homeopathy Project

SORT CODE 08-92-99 - ACCOUNT NUMBER 65318708

The sum of £ ..... on .....\* and thereafter £..... monthly/annually on .....

Until further notice. (\*Please insert date of first payment)

Name of account: \_\_\_\_\_

Sort Code: \_\_\_\_\_ Bank Account number: \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

### Gift Aid Declaration for charity *Homeopathy in Africa*

Your Details (Block Capitals please)

Name in full: \_\_\_\_\_

Full address: \_\_\_\_\_

Phone number: \_\_\_\_\_

E-mail: \_\_\_\_\_

I am a UK taxpayer and I would like tax to be reclaimed on this and future donations through the gift-aid scheme. I note that I must have paid an amount of tax that at least equals the tax reclaimed on this donation.

Please notify the charity if you:

1. Want to cancel this declaration
2. Change your name or home address
3. No longer pay sufficient tax on your income and/or capital gains

If you pay income tax at the higher rate, you must include all your gift aid donations on your self assessment tax return if you want to receive the additional tax relief due to you.)

Signature:

Date:

**How do you want to receive news?** (Tick to indicate) By post  By e-mail  Both