



GHANA HOMEOPATHY PROJECT

SPECIAL **MAFI KUMASE** EDITION

Issue 12

Autumn 2016



HOPE HOMEOPATHY HEALTH CLINIC

The Alternative Health Provider

By Samuel Komla Tsamenyi (Emperor)

It has long been my dream to have a centre of this nature to cater for the health needs of the people in my community and the whole Volta region.

This was my hope but due to difficulties finding funding I could not hit my target until this year 2016, when 'Homeopathy in Africa' through the Ghana Homeopathy Project (GHP) came to my rescue by providing enough money for the completion of the centre and I'm now very grateful that my dream has yielded such a positive result.

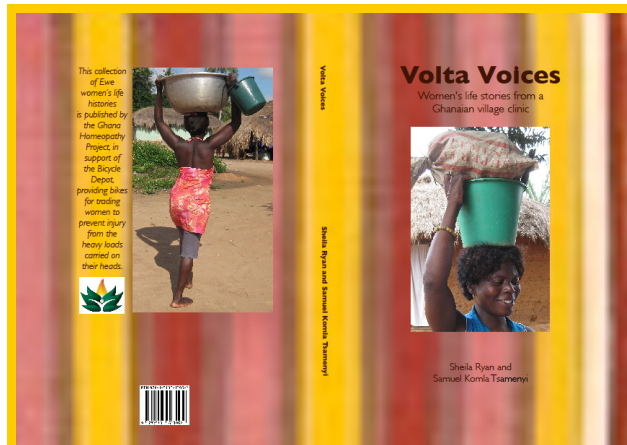
The centre is going to serve several purposes. Firstly, it has many rooms; enough for consulting, a library and also a pharmacy. Secondly, there is also space to accommodate visiting volunteers on both a short or long term basis.

Thirdly, it is also my hope that students will be trained as homeopaths here at the centre in our Lecture Hall; to encourage more people to have a love of homeopathy. There are presently five young men waiting for the green light to start their studies. Hopefully when they finish we can spread the gospel of Homeopathy to many more regions of Ghana.

The centre also serves as a Bicycle Depot for Women Head Traders in the community to help alleviate the various head, neck and spinal symptoms experienced as a result of carrying their heavy loads.

HHHC BIKE DEPOT OPENED JULY 2016!

Supported with Donations & Sales from *Volta Voices*



We need to raise more funds for the *Bike Depot* and the best way to do this is for people to help promote *Volta Voices* on social media and who may be able to host fund raising events, including book sales or readings. If you can help, contact: info@sheilaryan.co.uk



There is still much to do at the clinic to make it more welcoming, so I'm making a passionate appeal to GHP supporters to donate whatever they can afford to provide the necessary funds for tables and chairs, ceiling fans for the rooms and other basic but important items such as carpets/linoleum, fencing and shelving for the planned library. You can do this by using the attached **Donations** form.

Having already helped thousands, I know homeopathy is alive and well. It's the right choice for the people of my community.

I'm very grateful to the trustees of 'Homeopathy in Africa' and their representatives at GHP (with special thanks to 2015 volunteer Julian Jonas for his generous donation) who've supported my homeopathic journey over the last ten years and I want to assure them that here in Ghana, homeopathy has come to stay.



HOPE HOMEOPATHY
HEALTH CLINIC (H H H C)
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P . O . BOX 8 MAFI-KUMASE V/R



Representatives from the Traditional & Alternative Medicine Council (TAMC) were in attendance at the official opening of the HHHC on Thursday 13th October 2016, including Mr Saviour Kugblenu (on the left) who gave a simplified outline of how homeopathy works, explaining that it is safe and effective.

And Mr Elolo Afeti (on the right) who was deemed Chair of the clinic opening proceedings, gave a very supportive speech asking the community to appreciate the services offered, stating that homeopathy was considered a very useful and welcome alternative choice to allopathy, encouraging everyone to patronise the clinic in order for TAMC to attempt, in the future, including the HHHC in the national health insurance scheme.





Ben Amu trying out Emperor's chair in HHC's consulting room

Ben Amu is one of the five young men who are hoping to begin studying the proposed certificated course in homeopathy at the Hope Homeopathy Health Clinic (HHHC).

Ben has been working as Emperor's homeopathy apprentice since September 2014 though a long-time supporter and contributor to work completed at Mafi Seva prior to this. Having studied construction at Ho Polytechnic, his skills were put to good use for the water tower sponsored by AMURT at Mafi Seva, where he was also involved building accommodation there. He subsequently supervised construction of the new building during the transition from Mafi Seva Community Clinic to the present location for HHHC at Mafi Kumase.

Ben first came to appreciate the potential of the homeopathic medicine after many years of injections, tablets, creams etc. for a chronic skin eruption (described as like Yaws), but which had all failed to work. He finally approached Emperor who took his case and prescribed '*little pills*' which he had no faith in, but decided to try them anyway. Ben reports that thirty minutes after taking the remedy he began to itch all over but the itch soon subsided. Two to three weeks later he had a further sensation of burning all over that also eventually subsided and never returned. Ben has had no recurrence of his skin symptoms for the last eight years since he was given the remedy.

Having HHHC closer to his home village means he is looking forward to being able to study homeopathy without having to travel a long distance.

Despite now being a registered building contractor, he is preparing to finish up all of his current contracts and devote himself full-time to homeopathy. Already people call him about '*little symptoms*' e.g. diarrhoea, vomiting, snake and scorpion bites etc. and he comments that in his own case- '*It really worked when allopathy didn't. It works faster.*' About his forthcoming change of life direction, Ben concludes with a heartfelt sentiment: '*I'm living the truth now.*'

GHP Roundup

The GHP Team, including founders Linda Shannon, Angie Metzger & Sheila Ryan with the current Management Team of Kumasi Co-ordinator Lyn Clark & GHP General Co-ordinator Jacqueline Smith carried out a **successful workshop on our Mental Health Research and a well received GHP Team Presentation** at the Society of Homeopaths Conference September 17th & 18th 2016.

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**All PISHAM & Kumasi HSG students** successfully passed their recent exams, scoring high with very impressive results. **Congratulations** to them all and to their lecturers and mentors for the invaluable support in making this happen.

Looking forward to reporting on PISHAM's first two graduates in the **2016 Winter Issue of the GHP Newsletter!**

## **GHP VOLUNTEER APPEAL!**

Thanks to all those who came along to the SOH Conference to express an interest in **Volunteering in Ghana**. Please contact GHP to continue those conversations at: [info@ghanahomeopathy.org](mailto:info@ghanahomeopathy.org)

We need **Volunteer homeopaths** for:

- Teaching in GHP supported schools of homeopathy
- Supporting patient treatment in the many clinics.

**From 2 weeks to 6 months**; we can arrange an individual itinerary for all your **CPD** needs.

Please also make contact with us if you can: **Volunteer for tasks in the UK e.g. GHP WEB CONTENT/SOCIAL MEDIA UPDATING**

**COLLECTING & STORING BOOKS/REMEDIES (London-based)**

**PROOFREADING**

## **Our thanks to ...**

Ainsworths Homeopathic Pharmacy; Dr An Debyser; Barbara MacIntosh; Dr Julie Smith (Research Mentor); Dada Daneshananda of AMURT Ghana; Drs Kalyan and Kalishankar Bhattacharyea (Kolkata); Erroll Bowyer; Helios Homeopathic Pharmacy; Homeopathy Action Trust; Julian Jonas (Volunteer); Pat McCrae; Homeopathy Research Institute; Sheilagh Creasy; Sheila Ryan; Jane Parkin; Paul Potheary; Isabelle Mazille; Sarah Gilpin Francis Treuherz; Hans Willem Steensma; The Tanner Trust; Gillian Chang; Linda Bernard; Mary Krizka; Dawn Price; Anne Loades; KHSB Mentors: Mandy Larkin-Jones; Glenis Paulette; Soroush Ebrahimi; Jacqueline Smith; Jo Morgan; Susan Brookes....**and the many other supporters who have given funding, books, remedies and supplies**

## **The Trustees of Homeopathy in Africa**

Peter Jadinge: Chair (Temp.)  
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## **Our special thanks to:**

**Mike Bridger** of the Contemporary College of Homeopathy (UK) for his commitment to mentor and support the Project and to **Charles Wansbrough** for his continued generous support



## DONATIONS TO GHANA HOMEOPATHY PROJECT

Homeopathy in Africa - UK Registered Charity No. 1125981

Send all cheques and Standing Order/Gift Aid forms to:

Ghana Homeopathy Project, c/o Linda Shannon, 45 Straits,

PORTLAND, Dorset DT5 1HG

Cheques to be made payable to: **Homeopathy in Africa**

### Standing Order Form

To the Manager of: (Full address of bank or building society) \_\_\_\_\_

Please pay to: CO-OPERATIVE BANK PLC

P.O. Box 250, Skelmersdale, Lancs. WN8 6WT

to account: Homeopathy in Africa – Ghana Homeopathy Project

SORT CODE 08-92-99 - ACCOUNT NUMBER 65318708

The sum of £ ..... on .....\* and thereafter £..... monthly/annually on .....

Until further notice. (\*Please insert date of first payment)

Name of account: \_\_\_\_\_

Sort Code: \_\_\_\_\_ Bank Account number: \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

### Gift Aid Declaration for charity *Homeopathy in Africa*

Your Details (Block Capitals please)

Name in full: \_\_\_\_\_

Full address: \_\_\_\_\_

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I am a UK taxpayer and I would like tax to be reclaimed on this and future donations through the gift-aid scheme. I note that I must have paid an amount of tax that at least equals the tax reclaimed on this donation.

Please notify the charity if you:

1. Want to cancel this declaration
2. Change your name or home address
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